Starting February 1, 2023, states can resume Medicaid and CHIP eligibility reviews that they temporarily stopped during the pandemic. When states resume these reviews, millions of people could lose their current Medicaid or CHIP coverage.

If someone loses their Medicaid or CHIP coverage, here are 3 things you can do to help:

1. **Encourage them to update their contact information so they don't miss important information or deadlines.**

   They should contact their state or health plan to update their contact information (like address, phone number, and email address).

   Make sure they have the phone number and website for their state’s Medicaid agency.

2. **Ask if they got a letter about their coverage status from their state or health plan.**

   If not, have them contact their state or plan to find out if a letter is coming.

   If they did get a letter, tell them to check it carefully for:
   - Information about their Medicaid or CHIP coverage status.
   - A renewal form they might need to fill out and send back to renew their coverage. If they get a renewal form, it’s important they send it back by the deadline in the letter to avoid gaps in their coverage.

   **Note:** If the person lost coverage because they didn’t return their renewal form, they may still be within the 90-day reconsideration period to restore their coverage. Tell them to send back the renewal form or other information the state needs right away.

3. **Tell them about their other health coverage options if they no longer qualify for Medicaid or CHIP.**

   People who lose Medicaid or CHIP coverage may be able to get health coverage through the Health Insurance Marketplace®.

   - Most people qualify for savings on a health plan to lower their monthly premium and what they pay when they get care. Savings are based on their household income and size.
   - All Marketplace plans cover things like prescription drugs, doctor visits, urgent care, hospital visits, and more.

   If someone loses Medicaid or CHIP coverage, they have a limited time to apply and enroll in a Marketplace health plan. Tell them to:

   - Visit [HealthCare.gov/medicaid-chip/transfer-to-marketplace](http://HealthCare.gov/medicaid-chip/transfer-to-marketplace), or call the Marketplace Call Center at 1-800-318-2596 (TTY: 1-855-889-4325) to get more details about Marketplace coverage.

   - Visit [LocalHelp.HealthCare.gov](http://LocalHelp.HealthCare.gov) to get help from someone in their area. This service is free and can help the person better understand their health care options.